

INTO THE WOODS

Activity Sheets

STACK THE STICKS

You can never have too many sticks to play with!
This is also great for teamwork and developing skills such as balance, co-ordination and resilience.

What you will need:

- Sticks
- Camera



Get Stacking!

Stack the sticks to make the biggest tower you can. Try different ways of stacking your sticks to see which is more stable. There are lots of ways to do this so this is a great investigation project.



30 MINUTES

What's next?

- Try making a really big one with fallen branches, or a miniature one with twigs
- If you are feeling very adventurous, why not see if you can stack the sticks in reverse, using the smaller sticks at the bottom instead?
- Once you have finished, you can leave your tower for others to add to, or demolish it by taking it in turns to remove a stick at a time until it falls down
- Try stacking pebbles too - they can be real works of art!

Keep safe!

Make sure not to build your tower too high where it is difficult for you to reach the top. Leave some space around your structure and take care to make your structure stable so it won't fall over.

Share your activities with others who can't get outside

Everyone loves to get outside and it's so important for our bodies and our minds, but what about those people who can't get outside for themselves, perhaps due to illness or disability?

It's important for us to record our outdoor activities and to share these with people who can't connect with nature themselves, to let people experience it through our eyes.



Share your pictures or videos of you completing these activities and send them to us at outsidelivesltd@gmail.com, we will share them as part of the project. You can also share them with us on Twitter @outside_lives #IntoTheWoods

WE BELIEVE THIS ACTIVITY IS BEST SUITED TO FAMILIES (SOME SUPERVISION/SUPPORT MAY BE REQUIRED)