

# INTO THE WOODS

## Activity Sheets

### TWIG TASTIC

Autumn and Winter are the best times of year for collecting twigs and there are so many different sizes and shapes to find, with lots of opportunities for games and craft back home.

#### What you will need:

- Twigs!  
Now go and find as many as you can of all different shapes and sizes!

#### Games and Activities...

Use straighter twigs to play Noughts and Crosses or Twig-Tac-Toe. You can use different natural items or even make tiny crosses from other twigs.

Use a pipe cleaner or string to make a 'Stickman' to tell your own versions of the story by Julia Donaldson. It's even better if you can find the perfect shaped twig!

You can make a whole family of twig people by wrapping them in wool to make clothes.



1 HOUR PLUS

## Play: Pick Up Twigs!

This is easiest with straighter twigs to start with. Collect a bundle of about 20 twigs. Hold them together just above the ground and then drop them. Players take it in turns to try to remove a twig without making the others move.



## What's Next?

Smaller versions of the twig people make great 'worry dolls'. These are traditional in Guatemala and are often given to anxious children. Children tell their worries to the dolls before going to sleep and keep them under their pillow. It is said that when they wake, the worry dolls will have taken away their worries, ready to start a fresh day.

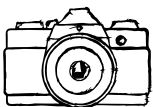
## Be Careful...

Make sure to be careful that very tall towers can't hurt anyone if they were to suddenly fall. Watch out for prickly sticks too!

## Share your activities with others who can't get outside

Everyone loves to get outside and it's so important for our bodies and our minds, but what about those people who can't get outside for themselves, perhaps due to illness or disability?

It's important for us to record our outdoor activities and to share these with people who can't connect with nature themselves, to let people experience it through our eyes.



Share your pictures or videos of you completing these activities and send them to us at [outsidelivesltd@gmail.com](mailto:outsidelivesltd@gmail.com), we will share them as part of the project. You can also share them with us on Twitter @outside\_lives #IntoTheWoods

WE BELIEVE THIS ACTIVITY IS BEST SUITED TO FAMILIES (SOME SUPERVISION/SUPPORT MAY BE REQUIRED)