# Galloping Games!

Why walk when you can gallop?
This is the BEST way to burn off excess energy!

Making your own games out of things that you have in the house is a great way to be creative, have fun and save the planet by not buying something new!

## What you will need..

- Sticks
- An old sock
- String
- Stuffing (old fabric, newspaper or even recycled plastic bags)
- Wool
- Buttons
- Pens to decorate.

## Step One:

Make yourself a hobby horse by stuffing an old sock and tying to the end of a long stick. Fasten a shorter stick across the long one, to make handles (optional)

## Step Two:

Decorate your horse!  Give it eyes, a nose and some hair!  Be creative!
Why not give your horse a name!

## Step Three:

Go for a gallop!

## What next?...

Make a horse jumping course and hold competitions with rosettes for prizes.
Be careful! Watch your speed and make sure there's a soft landing for jumps!

1 hour plus

We believe this activity is best suited to families (some supervision/support may be required)