

INTO THE WOODS

Activity Sheets

CRAZY GOLF!

A fun and creative activity. Use natural materials you find outside to make your own Crazy Golf course! All created using things like sticks, leaves and stones!

This has endless possibilities and can be played anywhere. As long as can find a stick and have a ball in your pocket. You can even make a ball if you don't!

What you will need:

- A stick and a ball – a golf ball works well but a tennis ball or similar also works.
- Small bucket, jar or tin for the 'hole' (optional)
- Small trowel to dig your hole – but a stick can also do this (optional)
- Anything you can find to design your course.
- Lots of long sticks to map out your route
- Fabric or paper to make flags for your golf course if you want to make it look even better!

Top Tip:

Your stick doesn't have to be a real golf club!
Have a hunt around outside for a suitable branch or ask to use something from in the house, like a broom stick. You just need to make sure that your stick is strong enough to hit the ball!

Remember... make sure you give yourself some space!



1 HOUR PLUS

WE BELIEVE THIS ACTIVITY IS BEST SUITED TO FAMILIES (SOME SUPERVISION/SUPPORT MAY BE REQUIRED)

How to Play...

- Find a large clear space outside and design your own Crazy Golf course.
- Choose where you your start and finish to be. You can dig a small hole (if you're allowed) or put a tin, pot or bucket on its side to act as a goal for your ball. Or simply decide on a finishing point if you prefer – it's your game!
- Make obstacles for your ball to go around, under or through - make sure you don't make it too easy! Tricky is fun too!
- Hint: Create an edge using bigger sticks or things you can find, so that your ball bounces off the edge, rather than goes too far.
- Once it is complete, take it in turns to see how many times you need to hit the ball with your stick to get it to the finish.
- Can you find a stick in the shape of a golf club?



What's next?

Make lots of different courses. Take photos and send them to friends and family. Challenge them to recreate your golf course so that they can join in too!

Try adding some homemade flags... You could make a score board!

Maybe try a bigger version, using a football and try the course using your feet... to play Foot-golf!

Be careful...

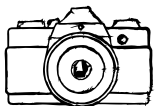
Make sure the ball isn't able to go anywhere where it might cause damage – and especially not anywhere where it can get onto a road.

You shouldn't need to swing your stick - a tap should work, but even so, it is a good idea to make sure the area is clear when someone is having their turn.

Share your activities with others who can't get outside

Everyone loves to get outside and it's so important for our bodies and our minds, but what about those people who can't get outside themselves, perhaps due to illness or disability?

It's important for us to record our outdoor activities and to share these with people who can't connect with nature themselves, to let people experience it through our eyes.



Share your pictures or videos of you completing these activities and send them to us at outsidelivesltd@gmail.com, we will share them as part of the project. You can also share them with us on Twitter @outside_lives #IntoTheWoods

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